



## Maximum performance on the trails – with Outdoor Physio!

You give your best on the trails - we'll take care of the rest! Thanks to the organizer Trail Pro-Events e.U., we will be there for you at the **3rd Obertauern Trailrun Summit (OTS) 2026**, supporting you with professional physiotherapy treatments so that you can enjoy your race to the fullest.

### Friday, July 10, 2026, from 6:00 p.m. to 8:00 p.m.: Free taping station

Do you feel a little tense before the start or want to prepare your body optimally? Then just come by! On Friday, our free taping service will be available for you in the start and finish area - no registration required.

### Saturday, July 11, 2026, from 2:00 p.m. to 10:00 p.m.: Free 30-minute treatments in the Outdoor Physio Recovery Area

After a tough day of racing, your muscles need the right care! On Saturday, you can get a free 30-minute treatment in the Outdoor Physio Recovery Area at the start and finish line - whether for regeneration or targeted treatment of tension and stress-related complaints.

Due to limited capacity (first come, first serve), we recommend booking your appointment online in advance. This will save you waiting time and allow you to relax and focus on your recovery.

You can find the online registration form and further information on the Outdoor Physio website:

<https://www.outdoor-physio.de/de/events/obertauern-trailrun-summit>