

Sanct Bernhard
Sport



OBERTAUERN TRAILRUN SUMMIT



Save the Date:

4. OTS

9.-11. July 2027

*Reach
your peak!*

RACE GUIDE – Preparation for the 3. OTS 2026 from 10th to 12th
July 2026

Dipl.-Vw. Tobias Niermeier, Race Director, Trail Pro-Events e.U., 07th July 2026

3. Sanct Bernhard Sport Obertauern Trailrun Summit (OTS) 2026

RACE GUIDE – Preparation for the 3. OTS 2026, 07.07.2026



*Reach
your peak!*

Contents

1. Registration Deadline 3. OTS 2026 & Opening of Registration 4. OTS 2027
2. Live Tracking & Results 3. OTS 2026
3. Sportshot Participant Photography
4. Weather Forecast
5. Mandatory Equipment Announcement: HOT/GOOD
6. Race Bibs with Elevation Profiles and Aid Stations on the back
7. Course Markings in the Colors of the 7 OTS Competitions
8. Special Course Sections
9. Family Trail Course Layout
10. Aid Station Nutrition & Support by Accompanying Persons
11. Premium Sports Nutrition from „Sanct Bernhard Sport“ in the Goodie Bag
12. Interaction with Livestock
13. Retirement during Race & Alpine Emergency Number
14. Event Program
15. Overview Map of Obertauern & Start/Finish Area Map (incl. Showers)
16. New in 2026: Catering Schader & Finish Aid Station in a 30x10m Tent
17. OUTDOOR PHYSIO at the 3. OTS 2026
18. SPAR Schitter Obertauern
19. SPORTSHOP SKIWORLD: The Shopping Experience in Obertauern
20. Outdooractive Pro+ Voucher



1. Registration Deadline 3. OTS 2026 & Opening of Registration 4. OTS 2027

Registration Deadline 3. OTS 10.-12. July 2026

Saturday, July 11, 2026 11:59 PM.
Registrations are therefore possible
until shortly before the starts of all six
competitions from Friday to Saturday,
and also for the Family Trail.

<https://time2win.at/event/858/registration/participants>

Expected Registration Opening 4. OTS 9.-11. July 2027

Thursday, October 1, 2026
12:00:01 AM

2. Live Tracking & Results 3. OTS 2026

Live Tracking/Live Results

GPS Pro Live Tracker for
RAIFFEISEN Trail Ultra 8 Summits
and SPORTSHOP SKIWORLD
Marathon Trail 2 Summits.
[https://time2win.at/event/858/p
age/livetracking](https://time2win.at/event/858/page/livetracking)

Results 3. OTS 2026

[https://time2win.at/event/858/re
sults](https://time2win.at/event/858/results)

3. Sportshot Participant Photography

A few days after the 3. OTS 2026 your participation pictures will be available at Sportshot:

Your photos will be available at Sportshot: <https://www.sportshot.de/1613207>

Search for your photos using your selfie/facial recognition, race bib number search or select „Select start number here“.

This is the easiest way to access your photos and your photo package (all images associated with your race bib number). Sometimes photos can not be assigned to a bib number. If you can not find photos using either bib search or facial recognition, please check „Show all photos without recognized bib number“. You can then add your pictures to your flat rate package, which can be downloaded for € 27.90. Event impressions can also be added free of charge to your package.

Use the time-range search to find your photos faster.

More information: <https://www.sportshot.de/page/so-bestellst-du-deine-foto-flat>.

Alternatively, contact info@sportshot.de to order your pictures.



4. Weather Forecast (1/4)

**Perfect Trail Running
Weather Expected**

Mild temperatures with a
very low risk of
thunderstorms.

Family Trail Starters

Make sure to bring your swimsuit
for Lake Krummschnabelsee
(located between the first and
second finish points).



Obertauern, 1.664 m, 7-Tage-Übersicht

	Mi, 08.07.	Do, 09.07.	Fr, 10.07.	Sa, 11.07.	So, 12.07.
	 15°/11°	 16°/10°	 22°/12°	 21°/12°	 20°/10°
	8.9 mm 65 %	2.5 mm 50 %	2.2 mm 15 %	0 mm 20 %	0 mm 15 %
	35 %	5 %	65 %	30 %	10 %
 Neu (24h) Grenze	0 cm 3.200 m	0 cm 3.000 m	0 cm 3.200 m	0 cm 3.700 m	0 cm 3.800 m
	15 km/h	15 km/h	10 km/h	5 km/h	5 km/h
	1 h	6 h	15 h	15 h	15 h

4. Weather Forecast (2/4)

Organizer's recommendations for the forecasted weather

Preventing Dehydration and Overheating

1. Drink, Drink, Drink!

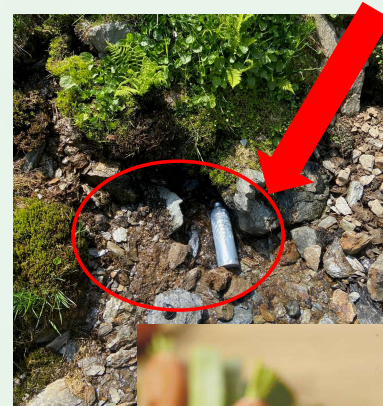
Plenty of hydration at aid stations will be provided.

You can also make use of the best water available:

Spring water directly from natural springs (sample photo)

Water from flowing mountain streams

2. Make use of the spring soup served at aid stations,
as it contains plenty of salt (sodium)!

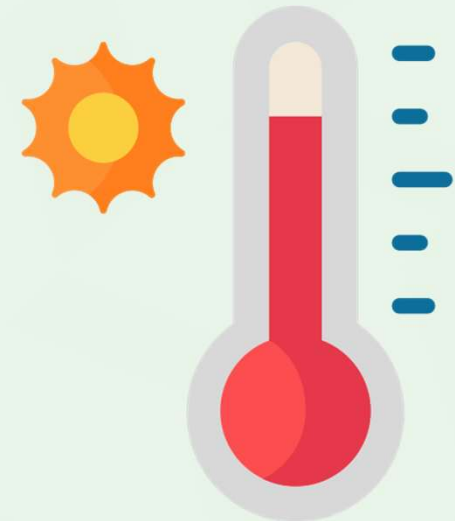


4. Weather Forecast (3/4)

Organizer's recommendations for the forecasted weather

Preventing Dehydration and Overheating

3. Cool your face and, if necessary your entire body at springs, streams, or lakes.
4. Adapt your running pace accordingly.
5. In addition to your cap, sunglasses, and sunscreen, it can be recommendable to wear buff or cloth around your neck to protect sensitive neck area from the UV radiation.



4. Weather Forecast (4/4)

As thunderstorms can not be ruled out completely, please remind thunderstorm safety measures (in case of emergency)

- Seek shelter in open alpine huts
- Look for the lowest point in the surrounding area and crouch down with your feet together
- Avoid staying under trees (and within approximately 15 m)
- Do not remain in groups in an open area
- Stay away from metal objects and keep all metal away from yourself – especially your poles
- If no shelter is available, adopt the emergency lightning position: make yourself as small as possible and minimize contact with the ground.
- In rocky terrain, do not seek refuge in niches or small caves. If you do, never lean against the rock, as lightning can travel along rock surfaces.



3. Sanct Bernhard Sport Obertauern Trailrun Summit (OTS) 2026

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Reach your peak!

5. Mandatory Equipment Announcement: HOT/GOOD (1/2)

mandatory equipment	SEEKARSPIZ VERTICAL	EASY TRAIL	SHORT TRAIL 1 SUMMIT	1/2 MARATHON TRAIL 1 SUMMIT	MARATHON TRAIL 2 SUMMITS	TRAIL ULTRA 8 SUMMITS
Trail running shoes (shoes without a deep tread, barefoot shoes & barefoot running are prohibited)	✓	✓	✓	✓	✓	✓
Running shirt & pants	✓	✓	✓	✓	✓	✓
Trail running vest or backpack	✗	✗	✗	✓	✓	✓
Drinking container at least 1.5 liters	✗	✗	✗	✓	✓	✓
Drinking cup	✗	✗	✗	✓	✓	✓
Long running pants	✗	✗	✗	✗	✗	✗
Long-sleeved running shirt	✗	✗	✗	✗	✓	✓
Waterproof rain jacket with hood (min. 10,000 mm water column)	✗	✗	✗	✗	✓	✓
Waterproof rain trousers (min. 10,000 mm water column)	✗	✗	✗	✗	✗	✗
Hood/cap	✗	✗	✗	✗	✗	✗
Gloves	✗	✗	✗	✗	✗	✗

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Reach your peak!

5. Mandatory Equipment Announcement: HOT/GOOD (2/2)

Race Director: Tobias Niermeier
+43 664 / 380 5 220

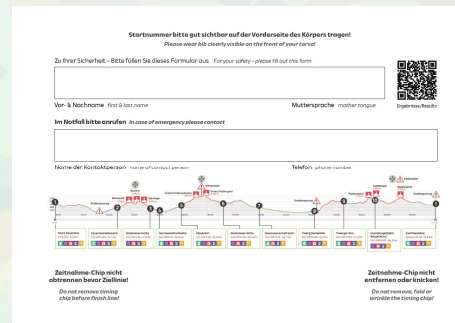
mandatory equipment	SEEKARSPTZ VERTICAL	EASY TRAIL	SHORT TRAIL 1 SUMMIT	1/2 MARATHON TRAIL 1 SUMMIT	MARATHON TRAIL 2 SUMMITS	TRAIL ULTRA 6 SUMMITS
Emergency blanket or bivouac sack	✗	✗	✗	✓	✓	✓
pipe	✗	✗	✗	✓	✓	✓
Elevation profile (on the back of the race number)	✓	✓	✓	✓	✓	✓
Mobile phone (emergency number must be saved, don't forget to charge it!)	✓	✓	✓	✓	✓	✓
Headlamp including spare batteries/rechargeable batteries	✗	✗	✗	✗	✗	✓
Personal provisions (gels and bars must be marked with your own race number!)	✗	✗	✗	✓	✓	✓
First aid kit	✗	✗	✗	✓	✓	✓
ID	✗	✗	✗	✓	✓	✓
Exposed skin areas coated with sunscreen before starting ☺	✓	✓	✓	✓	✓	✓



6. Race Bibs with Elevation Profiles and Aid Stations on the back



76K
Red



Race bibs with elevation
profiles and each aid
stations on the back



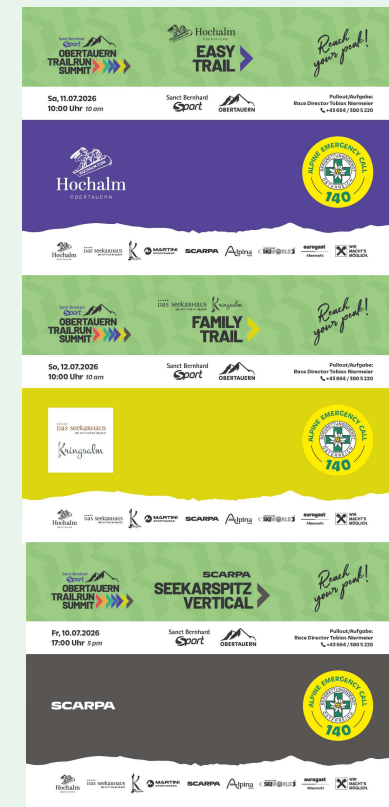
53K
Orange



26K
Green



9K
Blue



EASY 8K
Purple



FAMILY 3K/5K
Yellow



VERTICAL 5K
Grey

7. Course Markings in the Colors of the 7 OTS Competitions (1/2)

Course Markings consist of Arrow Signs, Spray Marking,
FLAG-MARK Marker Flags, Reflective Tape, PVC Tape

Attention: Markings
always take priority
over GPX files. If in
doubt, always follow
the markings!



76K
Red

53K
Orange

26K
Green

9K
Blue

EASY
Pink
instead of
Purple

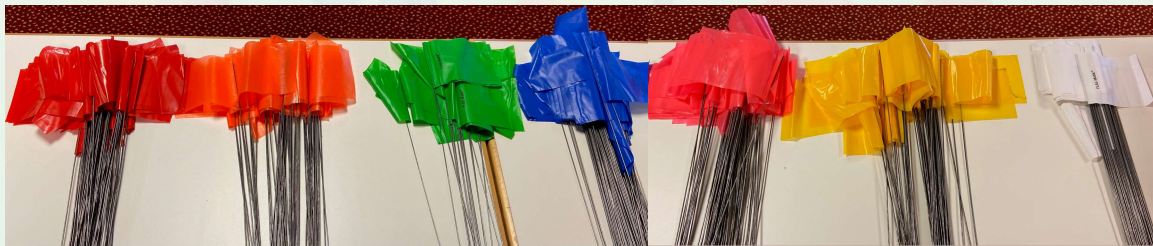
FAMILY
Yellow

VERTICAL
Black
instead of
Grey

Sprays (Arrows & Dots)

7. Course Markings in the Colors of the 7 OTS Competitions (2/2)

Course Markings consist of Arrow Signs, Spray Marking,
FLAG-MARK Marker Flags, Reflective Tape, PVC Tape



76K
Red

53K
Orange

26K
Green

9K
Blue

EASY
Pink
instead of
purple

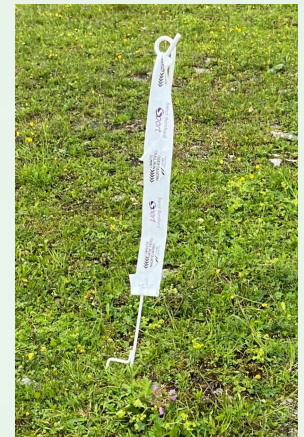
FAMILY
Yellow

VERTICAL
White
instead of
Grey

FLAG-MARK Marking Flags



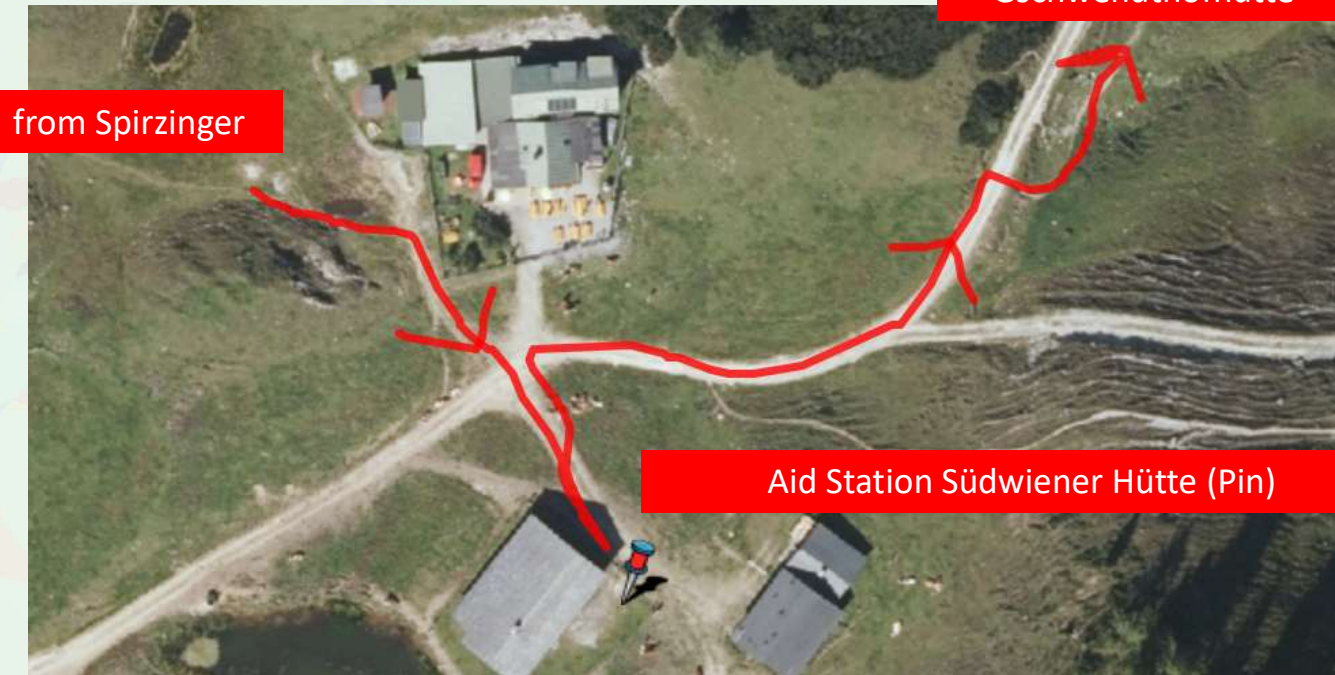
Reflective Tape
(reflects the headlamp light
at night at the first approx.
16k of the Trail Ultra 76K)



PVC Tape
(only in
exceptional cases)

8. Special Course Sections

76K: 1. Aid Station Südwiener Hütte



**TRAIL ULTRA
8 SUMMITS
76K / 5.044 HM
AB 18 JAHREN**

8. Special Course Sections

76K: Aid Station Gschwendthofhütte

**TRAIL ULTRA
8 SUMMITS
76K / 5.044 HM
AB 18 JAHREN**

Aid Station Gschwendthofhütte (Pin)

from Aid Station
Südw Wiener Hütte

to Johannes waterfall
and Aid Station
Felseralm

8. Special Course Sections

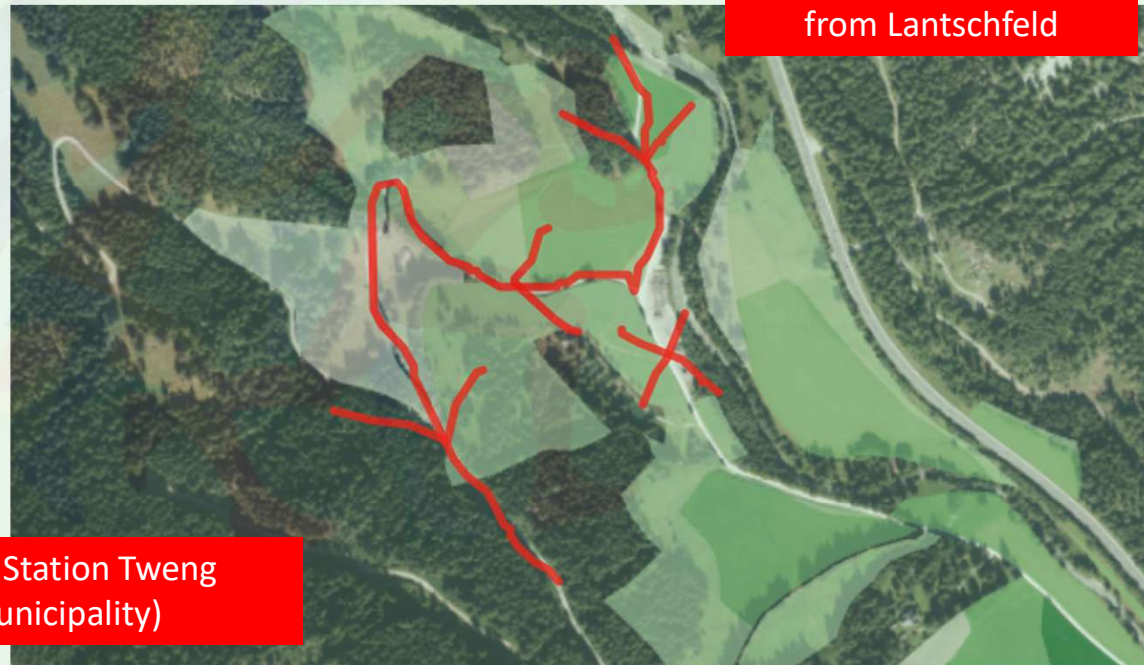
76K: 2. Aid Station Südwiener Hütte



**TRAIL ULTRA
8 SUMMITS
76K / 5.044 HM
AB 18 JAHREN**

8. Special Course Sections

76K & 53K: Right Turn towards Lantschfeld Parking Area shortly before Tweng

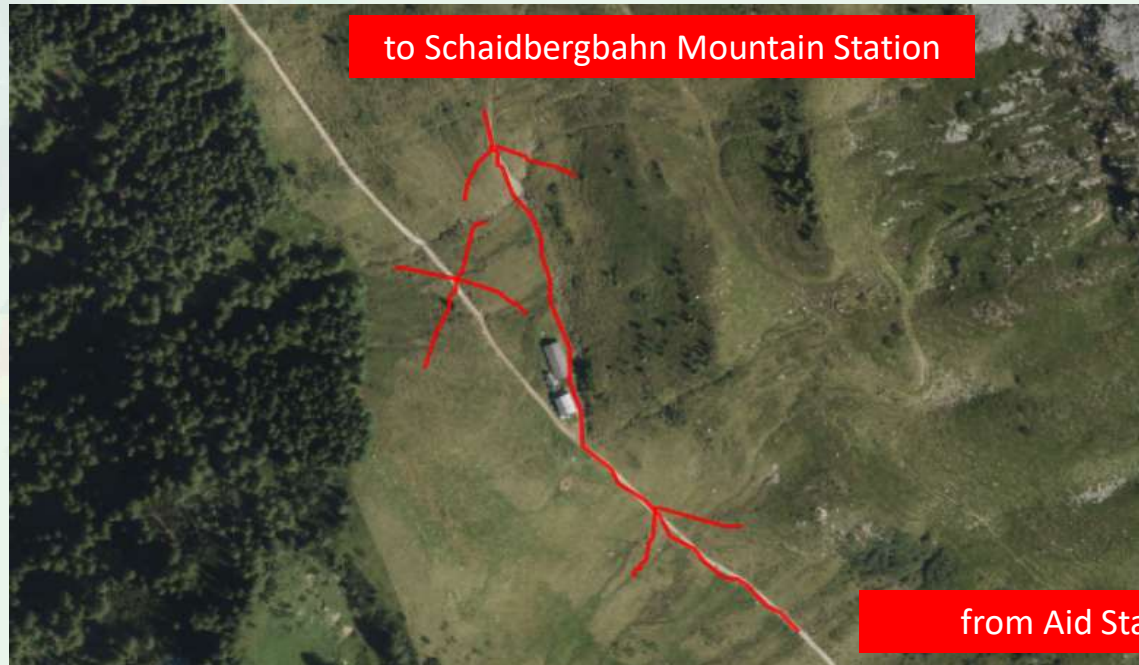


**TRAIL ULTRA
8 SUMMITS
76K / 5.044 HM
AB 18 JAHREN**

**MARATHON
TRAIL
2 SUMMITS
53K / 3.021 HM
AB 18 JAHREN**

8. Special Course Sections

76K & 53K: Right Turn at Ernsthütte

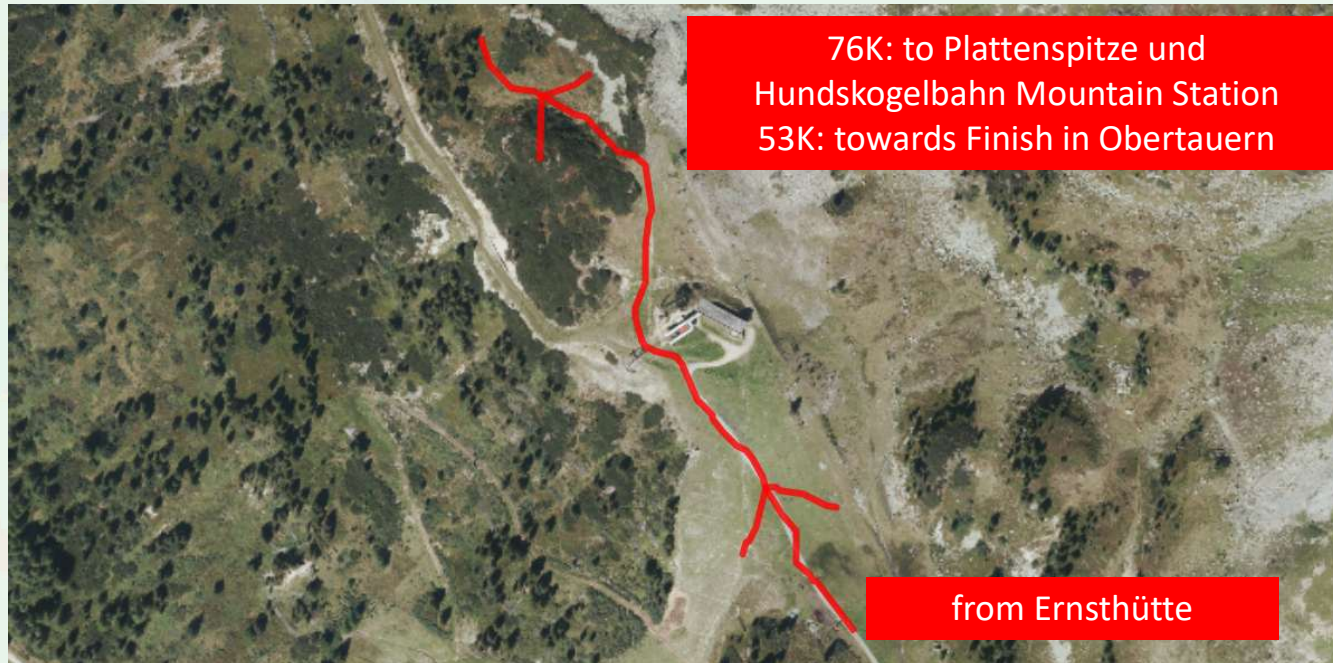


TRAIL ULTRA
8 SUMMITS
76K / 5.044 HM
AB 18 JAHREN

MARATHON
TRAIL
2 SUMMITS
53K / 3.021 HM
AB 18 JAHREN

8. Special Course Sections

76K & 53K: Left Turn towards Schaidbergbahn Mountain Station



**TRAIL ULTRA
8 SUMMITS
76K / 5.044 HM
AB 18 JAHREN**

**MARATHON
TRAIL
2 SUMMITS
53K / 3.021 HM
AB 18 JAHREN**

8. Special Course Sections

76K: Course directly after last Aid Station Hundskogelbahn Mountain Station

to Seekarscharte and Seekarspitze



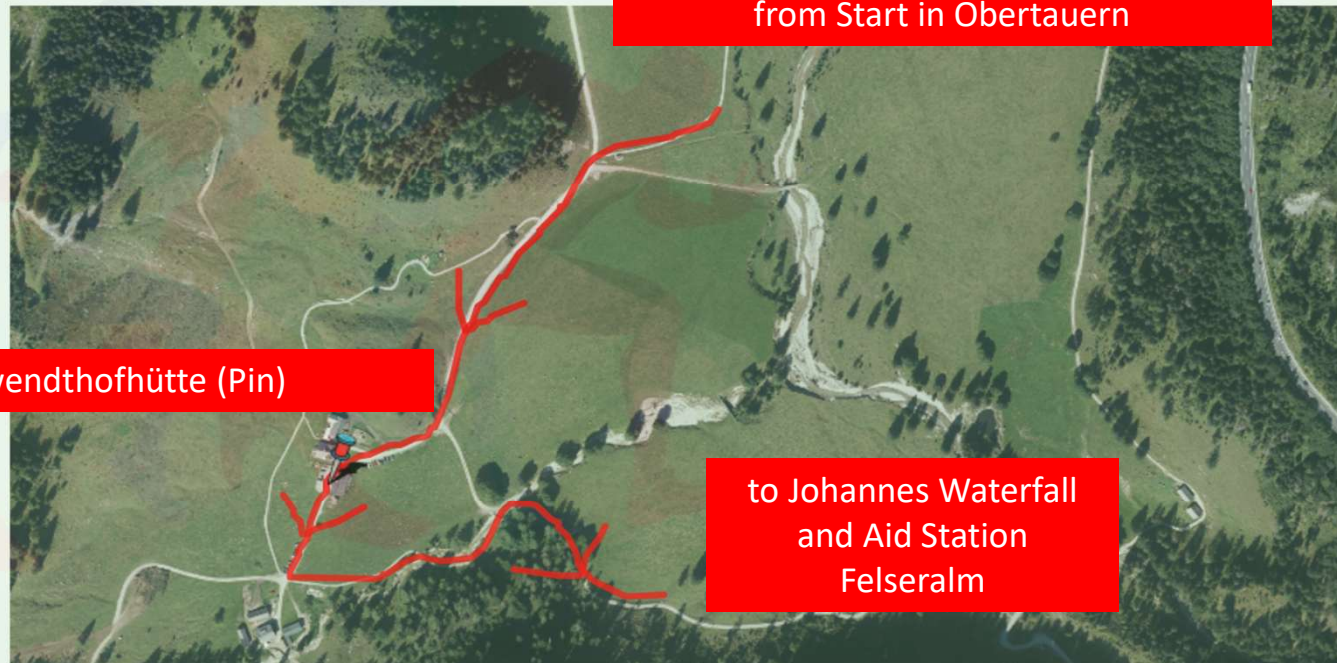
Aid Station Hundskogelbahn Mountain Station (Pin)

from Hundskogel and
Plattenspitze

**TRAIL ULTRA
8 SUMMITS
76K / 5.044 HM
AB 18 JAHREN**

8. Special Course Sections

53K & 26K: Aid Station Gschwendthofhütte



**MARATHON
TRAIL**
2 SUMMITS
53K / 3.021 HM
AB 18 JAHREN

**½ MARATHON
TRAIL**
1 SUMMIT
26K / 1.610 HM
AB 18 JAHREN

8. Special Course Sections

26K & 9K: Downhill Gamsleitenspitze

Gamsleitenspitze



to Finish in
Obertauern

**½ MARATHON
TRAIL
1 SUMMIT
26K / 1.610 HM
AB 18 JAHREN**

**SHORT TRAIL
1 SUMMIT
9K / 768 HM
AB AK U18**

9. Family Trail Course Layout

Family Trail 3K/5K: No loop around Das Seekarhaus and no Tarrace Crossing at Dikt'n Alm



FAMILY TRAIL
5K / 293 HM ODER
3K / 96 HM OHNE
ZEITMESSUNG
AB 0 JAHREN

10. Aid Station Nutrition & Support by Accompanying Persons (1/2)

Aid Station Nutrition

Food & Drinks available at Aid Stations and in the Start/Finish Area

Drinks

Water

Stiegl non-alcoholic beer (not available at the Family Trail)

Red Bull energy drink

Red Bull ORGANICS Cola (not available at the Family Trail)

Coca-Cola (new 2026!)

SANCT BERNHARD SPORT Nutrition

Isoton energy drink

Energy bars

Liquid energie pur (Gel)

Recovery protein drink

Food provided by EUROGAST ALTENMARKT

Knorr spring soup (not available at the Family Trail, new 2026!)

Woerle Emmentaler mild 45% F.i.T. (new 2026!)

Ölz spelt toast

Mestemacher wholegrain bread selection

Iodized salt

Salted mini pretzels

Dr. Schär marble cake (gluten-free)

SanLucar bananas

Gala apples

Tomatoes

Cucumbers

10. Aid Station Nutrition & Support by Accompanying Persons (2/2)

Support by Accompanying Persons & Additional Drop Bag Option

Support

In addition to the official aid station, support from accompanying persons (clothing, food, drinks) is permitted without restriction on all sections of the course for all seven (7) competitions.

Drop Bag – Aid Station Tweng Gemeinde (Municipality)

All Trail Ultra 76K and Marathon Trail 53K runners have the option to leave a drop bag for transport to the Tweng Municipality Aid Station. Drop-off is at the designated drop bag area in the first floor of the guest house (during bib collection). Return transport is included. Storage and transport are entirely at the participant's own risk and the organizer accepts no liability.



11. Premium Sports Nutrition from „Sanct Bernhard Sport“ in the Goodie Bag

As a special service from SANCT BERNHARD SPORT, race-specific sports nutrition tailored to each competition and distance is already included in the starter bag / goodie bag for the following events.

Competition/Course	Energy bars	Liquid Energy Pure (Gel)	Regeneration Turbo + BCAA
	During the competition	During the competition	Immediately after crossing the finish line
RAIFFEISEN Trail Ultra 8 Summits	3	6	1
SPORTSHOP SKIWORLD Marathon Trail 2 Summits	2	4	1
HOTEL ALPINA ½ Marathon Trail 1 Summit	1	2	1
MARTINI SPORTSWEAR Short Trail 1 Summit	0	1	0
HOCHALM Easy Trail	0	1	0

SETZE AUF DEINE EIGENE WETTKAMPFVERSORGUNG!

inkl. Verzehrempfehlung



Halb-/Marathon-Set

Deine Vorteile:

- Zeitersparnis an den Verpflegungsstationen
- Volle Energie bis ins Ziel
- Sicherheit durch hohe Verträglichkeit

Best.-Nr. 2596 Halb-M.-Set ~~7,50~~ € 5,90
Best.-Nr. 2597 Marathon-Set ~~9,50~~ € 7,95

Direkt zu
den Angeboten!



Diese und weitere Top-Angebote bis 31.07.2026 unter:

www.sanct-bernhard-sport.de/OTS



folgt uns auf Instagram @sanct.bernhard.sport

Kräuterhaus Sanct Bernhard KG · Helfensteinstr. 47 · 73342 Bad Ditzgenbach

SONDERPREISE

OBERTAUERN TRAILRUN SUMMIT



Direkt zu
den Angeboten!

Zusätzliches Angebot
von SANCT
BERNHARD SPORT!



Bestellen unter:
sanct-bernhard-sport.de/OTS
gültig bis 31.07.2026

Sanct Bernhard
Sport

Dein Treibstoff



Isoton-Energiedrink

Der Treibstoff bei hoher Belastung!

☑ Laktosefrei und glutenfrei.

Geschmack: Pfirsich-Maracuja

Best.-Nr. 2511 900 g Dose 46,50 € 12,-

Geschmack: Sauerkirsche

Best.-Nr. 2539 900 g Dose 46,50 € 12,-

Geschmack: Blutorange

Best.-Nr. 2526 900 g Dose 46,50 € 12,-

Mineral-Pur-Drink

Das tägliche Aktivgetränk!

☑ Kalorienfrei, laktosefrei, glutenfrei.

Geschmack: Zitrone

Best.-Nr. 2582 100 g Dose 9,50 € 7,50

Geschmack: Apfel

Best.-Nr. 2581 100 g Dose 9,50 € 7,50



Liquid-Energie-Pur

Der schnelle Energiekick flüssig aus der Tube!

☑ Laktosefrei, glutenfrei

Geschmack: Pfirsich-Maracuja

Best.-Nr. 2545 50 ml Tube 4,50 € 1,20

Best.-Nr. 2546 18er Box 24,- € 19,-

Geschmack: Kirsche

Best.-Nr. 2554 50 ml Tube 4,50 € 1,20

Best.-Nr. 2556 18er Box 24,- € 19,-

Energie-Reis-Riegel

Bei jeder Aktivität ein wahrer Energiehammer!

☑ Enthält keine Zutaten mit Laktose.

Geschmack: Himbeere

Best.-Nr. 2523 50 g Riegel 4,60 € 1,30

Best.-Nr. 2525 20er Box 20,- € 23,-

Geschmack: Apfel

Best.-Nr. 2566 50 g Riegel 4,60 € 1,30

Best.-Nr. 2568 20er Box 20,- € 23,-

Geschmack: Mango

Best.-Nr. 2570 50 g Riegel 4,60 € 1,30

Best.-Nr. 2572 20er Box 20,- € 23,-

Deine Regeneration



Protein-Regeneration

Die Nährstoffquelle mit hochwertigem Eiweiß nach hoher Belastung.

☑ Laktosefrei und glutenfrei.

Geschmack: Granatapfel

Best.-Nr. 2538 750 g Dose 27,- € 21,50

Geschmack: Orange

Best.-Nr. 2579 725 g Dose 27,- € 21,50

Regeneration-Premium

Der Nährstoffmix nach niedriger Belastung.

☑ Laktosefrei und glutenfrei.

Geschmack: Granatapfel

Best.-Nr. 2537 750 g Dose 46,50 € 12,-

Geschmack: Grapefruit

Best.-Nr. 2549 750 g Dose 46,50 € 12,-



Triple Perform

Clear Whey Isolate - Lemon Ice Tea.

Protein wie Eistee, nicht wie Milchshake.

Best.-Nr. 2427

400 g Dose 26,50 € 21,-



Regenerations-Turbo +BCAA

So schnell und einfach war Regenerieren noch nie - sofort trinkbar aus der Tube.

☑ Laktosefrei und glutenfrei.

Geschmack: Exotic

Best.-Nr. 2562 50 ml Tube 2,- € 1,60

Best.-Nr. 2564 18er Box 34,50 € 25,-



Bestseller-Box

Zum Kennenlernen.

Die Bestseller-Box umfasst eine große Vielfalt der Sanct-Bernhard-Sport-Erfolgsgaranten. Das Sortiment besteht mit einzigartigen Innovationen und mehrfachen Auszeichnungen.

Best.-Nr. 2593 12er-Set 43,50

€ 12,00

Attention

**Hunde sind
beim OTS nicht
erlaubt!**

Please also make sure to close all gates after passing through (image).



Always close
pasture gates!

10 Rules

for a safe holiday around cattle

Austria's farmers make an important contribution to preserving our alpine countryside. As a visitor you can show your appreciation for the countryside by behaving appropriately and with respect. Following these ten simple rules will ensure you have a memorable experience, while keeping everyone's best interests on mountain pastures and meadows in mind.



ATTENTION
Dogs are not
permitted at
the OTS!!!

13. Retirement during the Race & Alpine Emergency Number (1/2)

Retirement during the Race :

If you withdraw from a race, you must notify the organizer immediately. Please Call: Tobias Niermeier (Race Director)

+436643805220 (number is printed on every race bib)

Alternatively:

Inform at the next aid station, the mountain rescue personnel or at the start/finish area.

This is mandatory!

Participants who fail to report their withdrawal will be held responsible for the costs of search and rescue operation.

13. Retirement during the Race & Alpine Emergency Number (2/2)

Alpine Emergency Number:

In case of an emergency please call: **140**

(The number is also printed on every race bib.)



14. Event Program

Friday, July 10, 2026

- ➔ 1:00 PM: Opening of the competition office/Race Office (Guest House, 1st floor)
- ➔ 13:00 – 17:00: Bib number distribution (Tauernsaal in the Haus des Gastes, 1st floor)
- ➔ 13:00 – 20:30: Drop bag drop-off for Trail Ultra as well as Marathon, Short, ½ Marathon and Easy Trail on Saturday (Tauernsaal in the Haus des Gastes, 1st floor, **unguarded**)
- ➔ 3:30 p.m.: Opening of the Expo Area and catering in the heated visitor tent (starting area at the pass summit)
- ➔ 4:00 PM – 4:30 PM: Drop bag drop-off for transport to the finish line of the SCARPA Seekarspitz Vertical (pick-up in the starting area at the pass summit)
- ➔ 5:00 PM: Start SCARPA Seekarspitz Vertical (4.6 km / 467 m elevation gain) (Starting area at the pass summit)
- ➔ 6:15 PM: Finish line closes for SCARPA Seekarspitz Vertical (4.6 km / 467 m elevation gain) (Panorama cable car mountain station)
- ➔ 6:15 PM – 7:15 PM: Minibus shuttles between the machine hall at the Kringsalm cable car mountain station (179 m below the finish line) and the starting area at the pass summit
- ➔ 6:30 p.m.: **SCARPA Seekarspitz Vertical** awards ceremony in or next to the machine hall at the Kringsalm cable car mountain station (179 m below the finish line)
- ➔ 7:00 PM – 8:30 PM: Bib number distribution (Tauern Hall in the House of the Guest, 1st floor)
- ➔ 8:30 p.m.: Closing of the Expo Area and catering in the heated visitor tent (starting area at the pass summit)
- ➔ 8:30 p.m.: Closing of the competition office/Race Office (Guest House, 1st floor)

14. Event Program

Saturday, July 11, 2026

- ➡ 02:15: Opening of the competition office/Race Office (Guest House, 1st floor)
- ➡ 02:15 – 10:00 am: Bib number distribution (Tauernsaal in the Haus des Gastes, 1st floor)
- ➡ 02:15 – 22:00: Drop bag drop-off (Tauern Hall in the House of the Guest, 1st floor, **unguarded**)
- ➡ From 2:15 a.m.: Distribution of GPS Pro Live Trackers (LTE + 2G Fallback) for the RAIFFEISEN Trail Ultra 8 Summits directly in front of the starting line
- ➡ 03:00: Start RAIFFEISEN Trail Ultra 8 Summits (75.6 km / 5,034 m elevation gain) (Start and finish area at the mountain pass)
- ➡ From 5:15 a.m.: Distribution of GPS Pro Live Trackers (LTE + 2G Fallback) for the SPORTSHOP SKIWORLD Marathon Trail 2 Summits directly in front of the starting line
- ➡ 06:00: Start SPORTSHOP SKIWORLD Marathon Trail 2 Summits (53.0 km / 2,996 m elevation gain) (Start and finish area at the mountain pass)
- ➡ 9:15 AM: Start MARTINI SPORTSWEAR Short Trail 1 Summit (8.7 km / 768 m elevation gain) (Start and finish area at the summit)
- ➡ 9:30 a.m.: Start HOTEL ALPINA Half Marathon Trail 1 Summit (26.0 km / 1,610 m elevation gain) (Start and finish area at the mountain pass)
- ➡ 10:00 AM: Start HOCHALM Easy Trail (8.0 km / 393 m elevation gain) (Start and finish area at the pass summit)
- ➡ 10:00 AM: Opening of the Expo Area, as well as catering and finish line refreshment/food stand in the heated visitor tent (start and finish area at the pass summit)
- ➡ From approximately 10:05 a.m.: Finish line MARTINI SPORTSWEAR Short Trail 1 Summit (start and finish area at the mountain pass)
- ➡ From approximately 10:35 a.m.: Finish line HOCHALM Easy Trail (start and finish area at the pass summit)
- ➡ From approximately 11:30 a.m.: Finish line SPORTSHOP SKIWORLD Marathon Trail 2 Summits (start and finish area at the mountain pass)

14. Event Program

Saturday, July 11, 2026

- ➡ From approximately 12:00 PM: Finish line HOTEL ALPINA Half Marathon Trail 1 Summit (Start and finish area at the mountain pass)
- ➡ From approximately 12:15 pm: Finish line of the RAIFFEISEN Trail Ultra 8 Summits (start and finish area at the mountain pass)
- ➡ **3:30 PM – 4:00 PM: OTS press talk “International Elite at the 3rd OTS 2026 in Obertauern!”** moderated by Joschi Peharz and Toni Wogginger. With guests Rosanna Buchauer and NN (tbd.) as well as Director Mario Siedler (Obertauern Tourism Association), Martin Doppler (SCARPA Austria) and Tobias Niermeier (Trail Pro-Events eU & organizer of the OTS).

Immediately after each finish: As soon as the top three men and women in one of the five competitions have crossed the finish line, **and** no other top three finishers are expected, the respective awards ceremony will take place immediately on the stage. (Start and finish area at the pass summit)

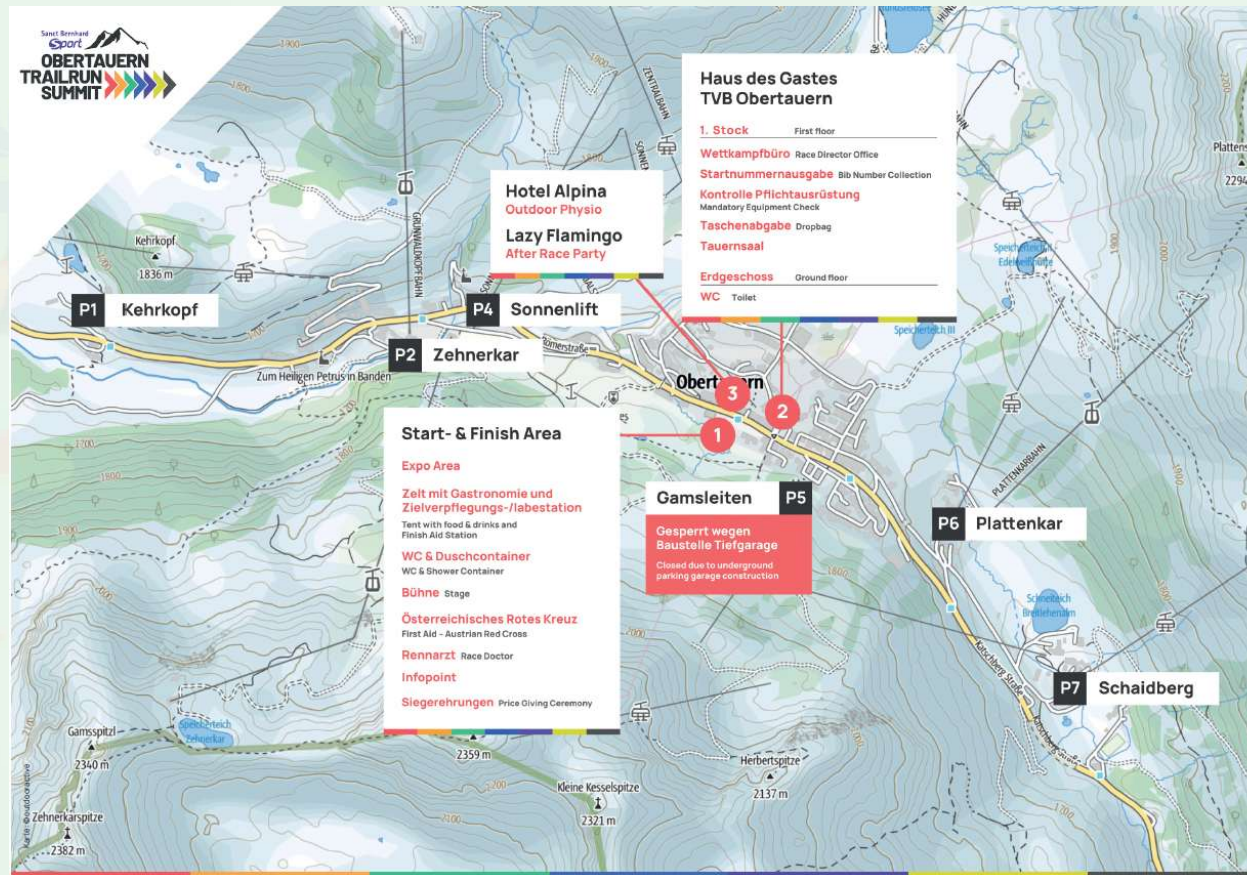
- ➡ 5:00 PM: Closing of the competition office/Race Office (Guest House, 1st floor)
- ➡ 7:00 PM: Closing of the Expo Area (start and finish area at the mountain pass)
- ➡ From 9:00 PM: Official Sanct Bernhard Sport Obertauern Trailrun Summit (OTS) After Race Party at the **Lazy Flamingo**, directly opposite the start/finish area (pass summit) in the Hotel Alpina, Römerstraße 53, 5562 Obertauern. Burgers, pizza, fries, cold drinks and other beverages will be available!
- ➡ **9:30 PM: Finish line closes at the pass summit**
- ➡ 10:00 PM: Closing of the catering and finish line refreshment/food stand in the heated visitor tent (start and finish area at the pass summit)

14. Event Program

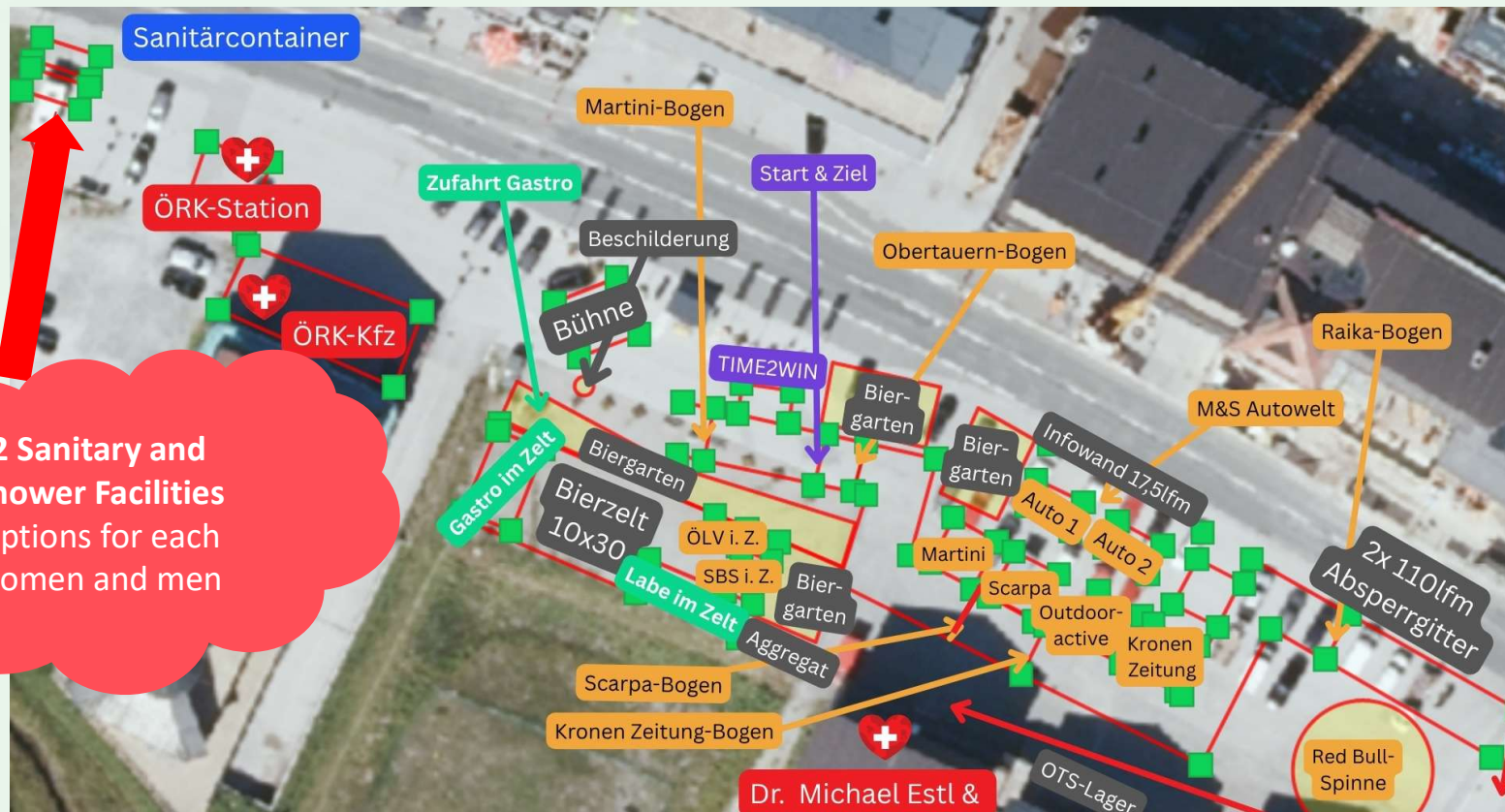
Sunday, July 12, 2026

- ➡ 08:30 – 10:00: Opening of the competition office/Race Office (Guest House, 1st floor)
- ➡ 08:30 – 10:00 am: Bib number distribution (Tauernsaal in the Haus des Gastes, 1st floor)
- ➡ From 9:00 am: Food and drinks à la carte at the Seekarhaus, on the Kringsalm and on the Hochalm
- ➡ 10:00 AM: Start SEEKARHAUS AND KRINGSALM Family Trail (2.8 or 5.2 km / 95 or 293 m elevation gain) (Start at the pass and finish at Kringsalm 3K or Hochalm 5K)
- ➡ 1:00 PM: Finish line closes and medal ceremony ends in Kringsalm
- ➡ 3:00 PM: Finish line closes and medal ceremony ends at Hochalm

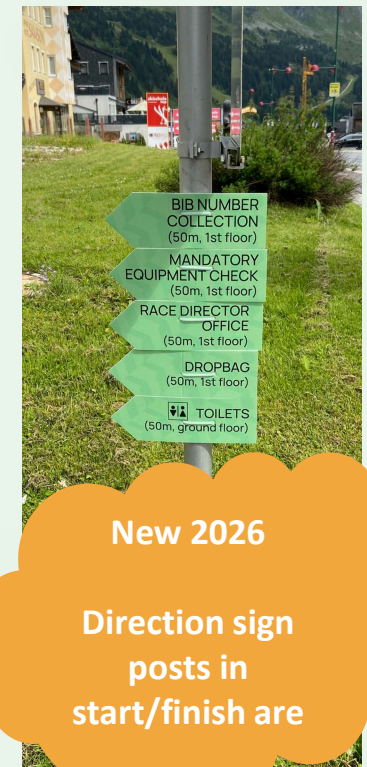
15. Overview Map of Obertauern & Start/Finish Area Map (incl. Showers)



15. Overview Map of Obertauern & Start/Finish Area Map (incl. Showers)



**2 Sanitary and
Shower Facilities**
Options for each
women and men



New 2026
Direction sign
posts in
start/finish are

16. New in 2026: Catering Schader & Finish Aid Station in a 30x10m Tent



Visit the visitor tent, which will also host the finish aid station
Opening hours

- 👉 Friday, July 10, 2026 3:30 PM – 8:30 PM
(ideal for dinner and carb loading!)
- 👉 Saturday, July 11, 2026 10:00 PM – 10:00 PM
(ideal for replenishing energy storages after the race!)

Menu

- 🍔 Burger: 15,50€
- 🍔 Burger Vegetarian: 15,50€
- 🍝 Pasta Bolognese: 13,50€
- 🍝 Pasta Vegetarian: 13,50€
- 🍛 Vegetable Rice Pan with Chicken: 13,50€
- 🍛 Vegetable Rice Pan Vegetarian: 13,50€
- 🍺 STIEGL Beer & Radler: 4€
- 🍺 STIEGL Non-Alcoholic Wheat Beer: 5€
- 🍹 STIEGL Lemonade: 3€
- 💧 Mineral Water: 3€
- 🍏 Apple Spritzer: 4€

Wine and Aperol are also expected to be available.



17. OUTDOOR PHYSIO at the 3. OTS 2026

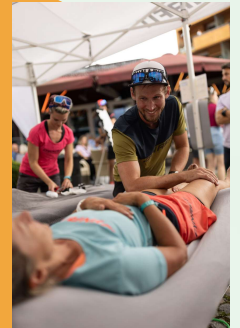
Taping Without Prior Registration

Free taping service on Friday, July 10, 2026 from
6:00 PM until 8:00 PM at the MARTINI
SPORTSWEAR expo tent in the start/finish area
(In case of bad weather: Massage room at Hotel
Alpina)



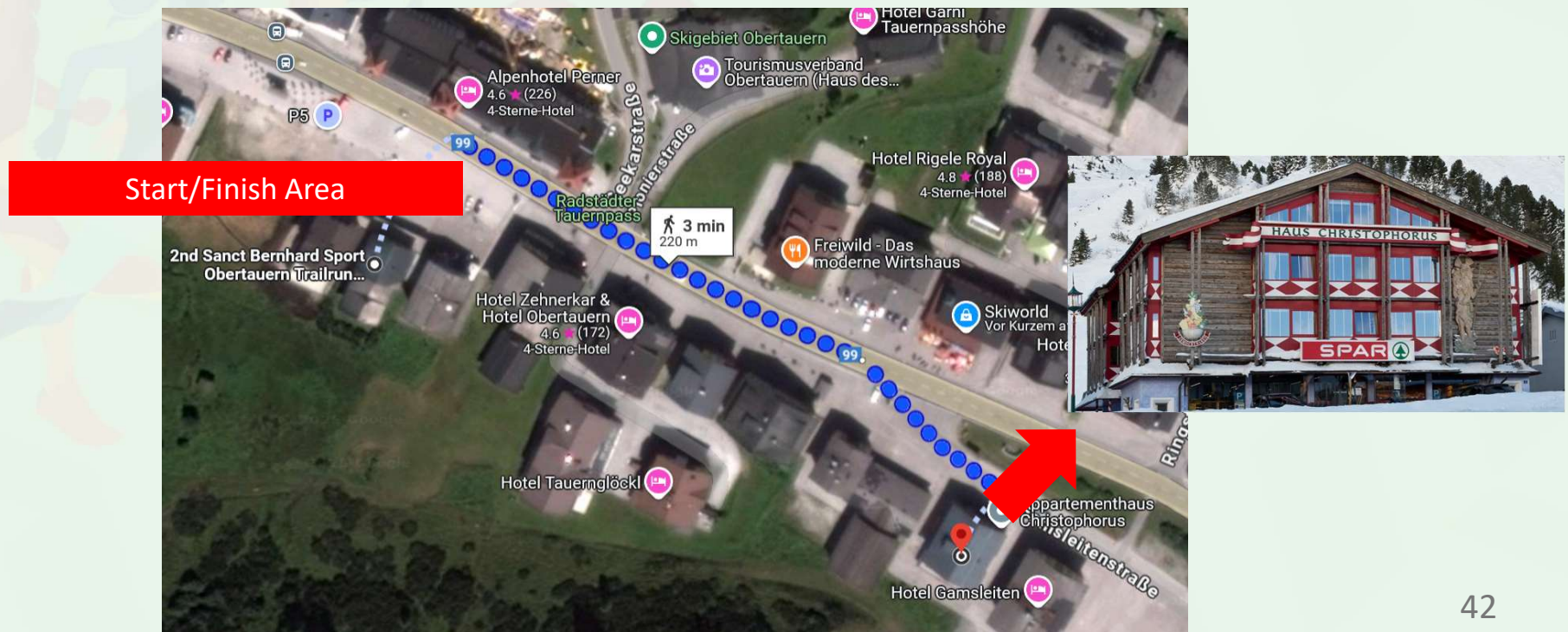
Physiotherapy Treatments with Prior Registration (already fully booked)

The free 30-minute physiotherapy treatments will
take place on Saturday, July 11, 2026 from 2:00
PM until 09:30 PM. The massage room is located
on the ground floor of Hotel Alpina Obertauern.



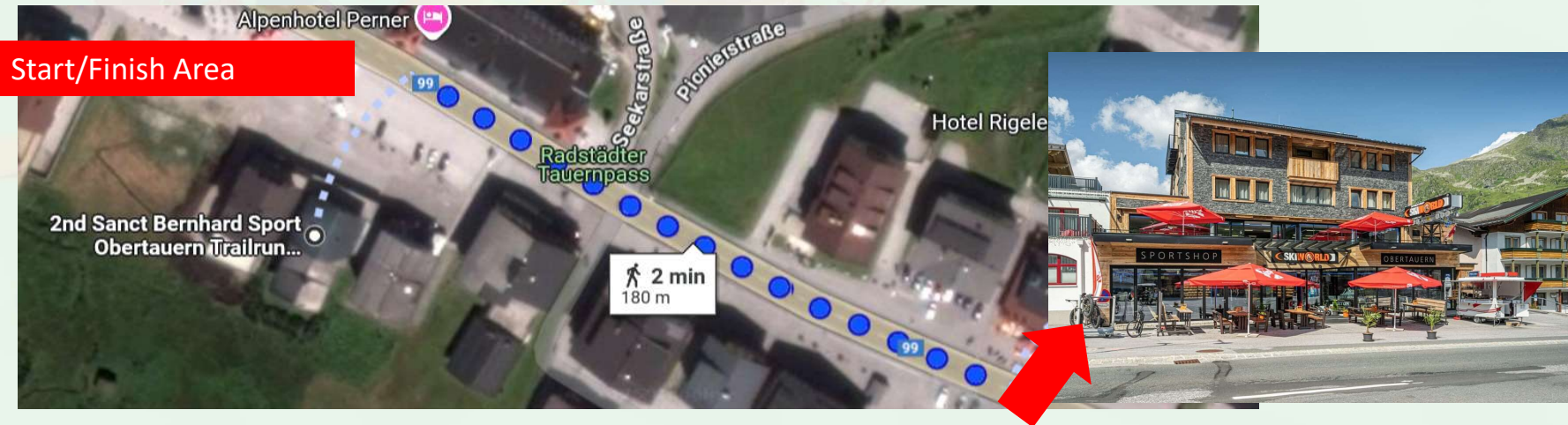
18. SPAR Schitter Obertauern

A SPAR supermarket is available in Obertauern. Opening hours during the OTS week will be from Monday to Saturday each day from 8:00 AM until 1:00 PM. The supermarket is located near the start and finish area.



19. SPORTSHOP SKIWORLD: The Shopping Experience in Obertauern

Purchase trail running equipment and trail running shoes during the OTS weekend!



20. Outdooractive Pro+ Voucher

Together with Outdooractive as a partner we can offer a free 2 month Pro+ membership.

Plan your outdoor adventures even more conveniently and flexibly with Outdooractive Pro+.

Benefit from a range of features designed to support you both during planning and on the trail:

Extensive Map Selection, Buddy Beacon, Offline Access, Seamless Partner Integration

Exclusive OTS Offer

Use the code **2026OTSO** to test Outdooractive Pro+ free of charge for 2 months with no obligation (code valid until July 31, 2026).

Or just use this link: <https://www.outdooractive.com/de/voucher.html#product-2017,vcode-2026OTSO>



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your peak!

Sanct Bernhard
Sport



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Sport

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your peak!

www.trailrun-summit.com

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eurogast Altenmarkt		Sanct Bernhard Sport					SCARPA
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	SCARPA	Alpina TRAIL		eurogast Altenmarkt		Sanct Bernhard Sport	
			SCARPA	Alpina TRAIL		eurogast Altenmarkt	

Organizer & Race Director

Trail Pro-Events e.U.

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